

**Missouri Spring Institute  
Evening Workshop Program  
Wednesday May 18, 2005, 6-7:30 PM**

**Dual Recovery Self-Help Support:  
Dual Recovery Anonymous (DRA)**

**Presenter: Tim Hamilton, Director  
Dual Recovery Empowerment Foundation**

**Workshop Title: Dual Recovery Self-Help Support: Dual Recovery Anonymous (DRA)**

Today, Dual Recovery Anonymous (DRA) is a growing 12-Step Fellowship with DRA Meetings in the United States, Canada, Australia, Iceland, India, New Zealand, Ireland and England.

**DRA Goal and Primary Purpose:**

- To help one another achieve dual recovery, To prevent relapse, and To carry the message of recovery to others who experience dual disorders.

**DRA Requirements for Membership:**

- A desire to stop using alcohol and other intoxicating drugs, and a desire to manage emotional or psychiatric illness in a healthy and constructive way.

**DRA Members:**

- Use DRA's 12-Steps for their personal dual recovery.

**DRA Members Form DRA Groups:**

- DRA Groups provide and maintain DRA Meetings for members and newcomers.
- DRA Groups help new DRA Groups and DRA Meetings form within area and region

This workshop presents new "DRA Groups Skills" materials from DRA World Services Central Office to assist treatment providers, consumer managed programs, and advocacy organizations in the process of developing attitudes, knowledge, and skills to:

- Introduce consumers to Dual Recovery Anonymous (DRA)
- Provide support to new DRA Groups and Meetings

**Workshop Learning Objectives:**

Participants should be able to:

- 1) Discuss DRA Fellowship current stage of growth
- 2) Identify DRA literature and resources
- 3) Discuss DRA 12-Step "Dual Recovery"
- 4) Discuss DRA Group and Meeting functions

**Workshop Presenter**

Tim Hamilton, Director  
Dual Recovery Empowerment Foundation  
PO Box 8708  
Prairie Village, KS 66208  
(T) 615-504-9797 (F) 913-262-6166  
Email: [dref@drefonline.org](mailto:dref@drefonline.org)

**Dual Recovery Empowerment Foundation  
Conference Workshop Presentation Agreement**

Event: Missouri Spring Institute

Agency: Mid-America Addiction Technology Transfer Center (ATTC)

Purpose: Missouri Co-Occurring Incentive Grant Training

Date: May 18, 2005

Time: 6:00-7:30 PM

Location: Tan-Tar-A Resort, Lake of the Ozarks, Missouri

Conference Workshop Presentation Title:

Dual Recovery Self-Help Support: Dual Recovery Anonymous (DRA)

Presenter:

Tim Hamilton, Director

Dual Recovery Empowerment Foundation

Audio/Visual Requirements:

Screen for Power Point Presentation

AV Cart for LCD Projector

Participant Handouts:

Provided to Mid-America Addiction Technology Transfer Center

CC to:

Presenter Bio and VC for CEU and Conference Materials:

Provided to Mid-America

CC To:

Honorarium: \$550

Travel Expenses: Rental expense with mileage

Hotel: Tan-Tar-A Resort Expenses

Tim Hamilton, Director

Dual Recovery Empowerment Foundation

PO Box 8708

Prairie Village, KS. 66208

(T) 615-504-9797 (F) 913-262-6166

Email: dref@drefonline.org